

### Prior Learning

Have performed different styles of dance fluently and clearly. Refined and improved dances, adapting them to include the use of space, rhythm and expression.

### Unit Focus

Using professional examples to inspire ideas for explosive action. Owning and exploring new movement possibilities.

### We are learning...

1. to communicate the theme of heroes through our dance.
2. to manipulate and develop actions using a range of devices.
3. to create interesting and varied dance actions as a group using levels.
4. to use jumps to bring power and energy to our dance phrase.
5. to show the theme of an attack, performing at a low level.
6. to work effectively with others to improve movement quality and performance.

### Key Questions

1. Do you have a different opinion of dance since the start of the unit?
2. Can you name, describe or show some individual dance skills you learned?
3. Why do you think dance is important?

### Equipment

Videos of modelled movements, posters, music.

### Vocabulary

Assemblé, sissone, sauté, chaîné, retrograde, inversion, instrumentation, fragmentation.

### Concepts

Instrumentation is a choreographic device where a movement performed by a body part(s) is transferred to another body part(s).

### Assessment Overview

**Head** - Show ways in which you can communicate a narrative through dance.  
**Hand** - Adapt their skills to meet the demands of a range of dance styles.  
**Heart** - Recognise and comment on dances, suggesting ways to improve.

