**Personal, Social, Health and Economic Long Term Plan**

Our long-term plan incorporates the 1decision units as per our adopted scheme alongside the No Outsiders programme. This curriculum long term offer is also enhanced with Forest School and a range of visits or visitors to our school that promote aspirations, safety and wellbeing.

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|  | **AUTUMN**(Approximately 14 weeks) | **SPRING**(Approximately 12 weeks) | **SUMMER**(Approximately 13 weeks) |
| **Rec** | See the EYFS curriculum of Personal, Social and emotional development |
| **Year 1** | Keeping/Staying SafeBaseline Assessment Road SafetyFirst Aid | Keeping/Staying HealthyBaseline AssessmentWashing HandsRelationshipsBaseline AssessmentFriendship | Being ResponsibleBaseline AssessmentWater SpillageFeelings and emotionsBaseline AssessmentJealousyFirst Aid | No Outsiders Y1 –**‘Elmer’** – Liking yourself**‘My Grandpa is Amazing’** –recognising different ages.**‘Max the Champion’** –understanding our bodies work in different waysComputer SafetyBaseline Assessment Online Bullying | Our WorldBaseline AssessmentGrowing in Our WorldFirst Aid | Hazard WatchBaseline AssessmentIs it safe to eat or drink?Fire SafetyBaseline AssessmentHoax Calling |
| **Year 2** | Keeping/Staying SafeTying ShoelacesKeeping/Staying HealthyHealthy EatingFirst Aid | Keeping/Staying HealthyBrushing TeethRelationshipsBullying | RelationshipsBody LanguageBeing ResponsiblePractice makes PerfectFirst Aid | No Outsiders Y2 –**‘The Great Big Book of Families’** – understanding diversity.**‘Just Because’** – being proud of differences**‘Blown Away’** – working with everyone in my classBeing ResponsibleHelping someone in Need | Feelings and emotionsWorryAngerComputer Safety Image sharingComputer SharingFirst Aid | Our WorldLiving in Our WorldWorking in our WorldFire SafetyPetty ArsonTexting when driving |
| **Year 3** | Keeping/Staying SafeStaying SafeLeaning Out of WindowsSummative AssessmentFirst Aid | Keeping/Staying HealthyMedicineSummative AssessmentRelationshipsTouchSummative Assessment | Being ResponsibleStealingSummative AssessmentFirst Aid | No Outsiders Y3 –**‘Oliver’** – understanding how difference can affect others**‘This is Our House’** –understanding what ‘discrimination’ means.**‘Two Monsters’** –finding solutions to problems.**‘The Hueys in the New Jumper’** – Using strategies to help others who feel different. | Feelings and emotionsGriefSummative AssessmentComputer SafetyMaking Friends Online Summative AssessmentFirst Aid | Our WorldLooking After Our World Summative AssessmentHazard WatchIs it safe to play with? Summative AssessmentFire SafetyVisit to Fire StationSummative Assessment |

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| **Year 4** | Keeping/Staying SafeBaseline AssessmentCycle SafetyKeeping/Staying HealthyBaseline AssessmentHealthy LivingFirst Aid | Being ResponsibleBaseline AssessmentComing Home on Time | Growing and ChangingBaseline AssessmentAppropriate Touch (relationships)First Aid | No Outsiders Y4 –**‘Dogs Don’t Do Ballet’** – being assertive**‘King and King’** – getting married.**‘The Way Back Home’** –overcoming language barriers.**‘The Flower’** – asking questions**‘Red: A Crayon’s Story’** – be who you want to be | Feelings and emotionsBaseline AssessmentJealouslyComputer SafetyBaseline AssessmentOnline BullyingFirst Aid | The Working WorldBaseline AssessmentChores at homeA World Without JudgementBaseline AssessmentBreaking Down Barriers |
| **Year 5** | Keeping/Staying SafePeer PressureKeeping/Staying HealthySmokingFirst Aid | Being ResponsibleLooking Out for Others | Growing and ChangingPubertyFirst Aid | No Outsiders Y5 –**Where the Poppies Grow Now** –learning from our past.**Rose Blanche** –justifying my actions.**How to Heal a Broken Wing** –recognising when someone needs help.**And Tango Males Three** –accepting people who are different. | Feelings and emotionsAngerComputer Safety Image SharingFirst Aid | The Working WorldEnterpriseA World Without JudgementInclusion and Acceptance |
| **Year 6** | Keeping/Staying SafeWater SafetySummative AssessmentFirst Aid | Keeping/Staying HealthyAlcoholSummative AssessmentBeing ResponsibleStealingSummative Assessment | Growing and ChangingConceptionSummative AssessmentFirst Aid | No Outsiders Y6 –**‘Love you Forever’** –life changes as we grow up.**‘The Island’** –challenging racism**‘The Thing’** – welcoming differences and standing up to discrimination.**‘Leaf’** – overcoming fears about differences. | Computer Safety Making Friends OnlineSummative AssessmentFeelings and emotionsWorrySummative AssessmentFirst Aid | The Working WorldIn-App PurchasesSummative AssessmentA World Without JudgementBritish ValuesSummative Assessment |