

OVER HALL  
COMMUNITY SCHOOL



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Headteacher  
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Dear Parents,

I am writing to invite you to share your thoughts and opinions with us regarding the proposed changes in our PSHE (Personal, Social and Health Education) Policy concerning our RSE (Relationships and Sex Education) and Health Education curriculum.

As you may already be aware, the Department for Education has announced changes to relationships, health and sex education following nationwide consultation. These changes should have come into effect from September 2020 and all schools will be required to comply with the updated requirements. Unfortunately, due to the school closure during the COVID-19 lockdown the changes will now come into effect from Summer Term 2021. The statutory guidance can be found at

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/908013/Relationships Education Relationships and Sex Education RSE and Health Education.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/908013/Relationships_Education_Relationships_and_Sex_Education_RSE_and_Health_Education.pdf)

At Over Hall Community School, we value your opinions and input regarding the education of your children and would like to ensure you are consulted in any policy change regarding this part of the curriculum. Parents should have every opportunity to understand the purpose and content of relationships education and RSE and health education, and we would like to develop a cooperative relationship with you.

The proposed changes will enhance our PSHE curriculum and include the Relationships and health education curriculum, which will become statutory in Summer 2021.

The proposed change to our RSE policy is detailed below:

In Relationships Education we will be learning about

- Families and people who care for us
- Caring friendships
- Respectful relationships
- Online relationships
- Being Safe

In Health Education we will be learning about

- Mental well being
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Drugs, alcohol and tobacco
- Health and prevention
- Basic first aid

- Changing adolescent body

In Sex Education we will continue to follow The Christopher Winter Project (which we have used for many years at Over Hall) and we will be learning about

- Growing and Caring for ourselves (Year 1)
- Differences (Year 2)
- Valuing difference and keeping safe (Year 3)
- Growing up (Year 4)
- Puberty (Year 5)
- Puberty and reproduction (Year 6)

We would like to invite you to share any thoughts regarding this proposed change in policy.

You can access a copy of our current PSHE policy from the school office for your own reference.

At Over Hall we understand the importance of the teaching of these areas and they have been part of our school offer and ethos for many years. We are proposing to use 1Desicion as a resource to ensure we deliver the now statutory curriculum in an engaging and age appropriate way to fully prepare our children for life beyond the school gates.

We would value your opinion on these changes to the curriculum. We are currently in unprecedented times however as a school community which makes it a little more challenging to consult with you. To help you understand the curriculum requirements I have attached the information below alongside this letter and can also be found on our website which I would encourage you to read. This includes:

- a summary of what all pupils are expected to know by the end of primary school
- our proposed draft Policy
- DfE guidance that outlines statutory requirements.
- a questionnaire via Google forms  
[https://docs.google.com/forms/d/e/1FAIpQLSfGSuMGobRpfYbYME1QmgTRHPFRs9KVw\\_Lfm\\_9gzl79vgrwgw/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSfGSuMGobRpfYbYME1QmgTRHPFRs9KVw_Lfm_9gzl79vgrwgw/viewform?usp=sf_link)

This is an important opportunity to discuss how Relationships and sex education and Health education contributes to wider support in terms of pupil wellbeing and keeping children safe, and to recognise that a range of approaches may be needed.

Thank you for taking the time to read this letter, I look forward to hearing your input. If you have any additional queries, please feel free to contact me via admin@overhall.cheshire.sch.uk or 01606 288200.

Yours sincerely,

Mrs Ackerley

